

A Little Bit

Choregraphie par : Maite Alemany & M^a Jesús Osuna

Description : 32 temps, 4 murs, Débutant, Janvier 2017

Musique : I'm A Little Bit Lonely par Lisa McHUGH

Intro : 16 counts

[1-8] ROCKING CHAIR (R) – SIDE ROCK (R) – CROSS KICK (x2)

- 1-2 Step right forward , recover on left
- 3-4 Step right back , recover on left
- 5-6 Step right to the right side , recover on left
- 7-8 Kick right to the left side crossed over the left leg

[9-16] SIDE ROCK (R) – JAZZ BOX ending POINT – ¼ TURN LEFT & HEEL STRUT (L)

- 1-2 Step right to the right side , recover on left
- 3-4 Cross right over left , step left back
- 5-6 Step right to the right side , toe touch left to the left side
- 7-8 ¼ turn left and heel touch left forward , drop left toe taking weight (09.00)

[17-24] TOE STRUT (R) – CROSS TOE STRUT (L) – SIDE ROCK – CROSS – HOLD

- 1-2 Toe touch right forward and right , drop right heel taking weight
- 3-4 Cross toe touch left over right , drop left heel taking weight
- 5-6 Step right to the right side , recover on left
- 7-8 Cross right over left , hold

[25-32] GRAPEVINE ending CROSS – SIDE ROCK – ½ TURN LEFT – SCUFF

- 1-2 Step left to the left side , cross right behind left
- 3-4 Step left to the left side . cross right over left
- 5-6 Step left to the left side , recover on right
- 7-8 ½ turn left stepping left to the left side , scuff right (03.00)

REPEAT AND ENJOY IT